

# The Young Women and Girls Project

The Young Women and Girls Project at Oxfordshire Youth provides a programme of support to young women and girls, aged 11-21 years, who have been affected by, or are at risk of, exploitation, harm or abuse.

What Oxfordshire Youth is offering:

- 1-1 Support (Long-Term)
- 1-1 Support (Short-term)
- Group Programme (Escape the Trap)
- Educational Programme

## Escape the Trap - Teen Relationship Abuse Programme

Supports young people to recognise abusive behaviours and identify the impact of such behaviours on their mental health and emotional well-being. The programme supports them to consider their expectations of relationships and what kind of partner they would like, as well as the kind of partner they would like to be.

**“This programme has been excellent (and crucial) in educating our vulnerable young women in understanding and identifying teenage abuse.”**  
**Teacher**

## How to refer:

Our referral form can be found on our website:  
[www.oxfordshireyouth.org](http://www.oxfordshireyouth.org)

Please email all referrals securely to  
[ywagcherwell.referrals@oxfordshireyouth.org](mailto:ywagcherwell.referrals@oxfordshireyouth.org)

# The Young Women and Girls Project

The Young Women and Girls Project at Oxfordshire Youth provides a programme of support to young women and girls, aged 11-21 years, who have been affected by, or are at risk of, exploitation, harm or abuse.

## What Oxfordshire Youth is offering:

- 1-1 Support (Long-Term)
- 1-1 Support (Short-term)
- Group Programme (Escape the Trap)
- Educational Programme



## Escape the Trap - Teen Relationship Abuse Programme

Supports young people to recognise abusive behaviours and identify the impact of such behaviours on their mental health and emotional well-being. The programme supports them to consider their expectations of relationships and what kind of partner they would like, as well as the kind of partner they would like to be.

“This programme has been excellent (and crucial) in educating our vulnerable young women in understanding and identifying teenage abuse.” - Teacher

## How to refer:

Our referral form can be found on our website:  
[www.oxfordshireyouth.org](http://www.oxfordshireyouth.org)

Please email all referrals securely to  
[ywagcherwell.referrals@oxfordshireyouth.org](mailto:ywagcherwell.referrals@oxfordshireyouth.org)